

ESPN

Attention Sports Fans!



Take an inside look with Scott
Bailey on one of professional sports most
talked about topics:

Performance Enhancing Drugs
(PEDs)



Goal is to inform the
audience about this
common issue in pro-
fessional sports, and
show the controversy
between banning
and legalizing



An interview with Mark
McGwire
included along with the Top
10 most shocking athletes
caught abusing
substances





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Overview, Ban it, Legalize it

The main goal of this article is to inform the audience about the popular topic of the usage in Performance Enhancing Drugs (PEDs) in professional sports. It begins by laying out the main controversy with legalizing or banning the usage of PEDs. It will then move on and discuss what others already have said about using PEDs. Next, it will move on and discuss how this article will respond to what others have already done. The three main points that will be discussed in my findings are an overview of the history of drug usage, the point of view on why PEDs should be banned, and the counterpoint on why it should be legalized.

Recent research on PEDs has addressed an issue between whether it should be considered legal or illegal. The use of many drugs today are banned to professional athletes. The overuse of drugs come with many risks, which has resulted in the banning of substances. However, many still proceed to illegally use PEDs to strengthen their performance. They say that if it were legalized most athletes would not abuse drugs because they would be able to be monitored and regulated¹. Some may say otherwise and say the health risks outweigh the legalization. When dealing with steroids, the problem is that injecting oneself is cheating. They give an athlete an unfair advantage. Taking these drugs does not prove an athlete's natural talents/abilities. The competition of natural athletes in a game would change to what athletes took more substances prior to a game.

¹Whittaker, Anne. "Point: Performance Enhancing Drugs Should Be Legalized." Points of View Reference Center. EBSCO, n.d. Web. 28 Apr. 2013. <<http://web.ebscohost.com/pov/detail?sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&vid=13&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675325>>.

Some researchers have suggested that ever since sports have grown worldwide and became a key role in some human's life, athletes have tried to improve their abilities against their opponents in any way possible or in other words, maximize their athletic potential³. Everybody wants to be the best. For example, in a recent ESPN interview with baseball star, Alex Rodriguez, he stated that he felt pressured. He was young and felt like he had something to prove to the league and everyone who follows professional baseball. He has said he felt like he had to be the best⁴. What this shows is that from a physical standpoint, PEDs can help gain an individual's athletic ability. This research has shown us just one reason why one would take action and violate the rules and regulations. In short, one reason that athletes may use PEDs is have physical gains in order to prove themselves when making it to the pros. With that being said, many more reasons are still possible.

In studying the usage of PEDs, others have provided information stating why performance enhancing drugs should be banned, and why it shouldn't. There is a discrepancy between why it should or shouldn't be banned, and why it is important. In order to address this problem, I will provide information based off of my research on the opinions of this issue. Applying this approach is appropriate because PEDs has been in existence in professional sports for many years now, and many cases are brought up almost every year regarding the PED issue. This allows for a thorough understanding why using PEDs should and should not be banned. To do this, I will first give an overview of the history of the PEDs topic.

³Whittaker, Anne. "Point: Performance Enhancing Drugs Should Be Legalized." Points of View Reference Center. EBSCO, n.d. Web. 28 Apr. 2013. <<http://web.ebscohost.com/pov/detail?sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&vid=13&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675325>>.

⁴"A-Rod Admits, Regrets Use Of PEDs." ESPN.com. N.p., 10 Feb. 2009. Web. 29 Apr. 2013.

Then, I will provide information on reasons why it should be banned. These reasons will show not only the health risks that come with using PEDs, but the influential effect on others as well. Next, I will talk about why using PEDs should be legalized. Lastly, I will show how improving athletic performance can legally be done.

If I were to ask someone about the history of PEDs and when they think PEDs first became involved in sports, they would probably say somewhere around the mid-1900s. Although that is around the time where PEDs forever changed professional sports, PEDs first became involved by Ancient Greeks in the Olympic Games of 776 B.C until 393 B.C⁵. During this time, Ancient Greeks devoured themselves on meat and would experiment with herbal medications and potions with the main goal of strengthening their performance. After the Ancient Greeks, Roman Gladiators began to get involved in using PEDs in 100 A.D. Gladiators would inject themselves with strychnine to try to prevent fatigue and injury, and it was also used to improve the intensity of their fights. Along with injecting themselves with stimulants, Gladiators would feed their horses hydromel (an alcoholic beverage made from honey), to make the horses run faster. It wasn't until the late 19th century where using PEDs really started to increase. At that time, a mixture of wine and cocoa leaf is introduced to French Cyclists and lacrosse players. What this mixture did was fight fatigue and hunger to the human body, in order to heighten energy levels⁶.

⁵"Historical Timeline - Sports and Drugs." Historical Timeline - Sports and Drugs. N.p., 10 Oct. 2012. Web. 29 Apr. 2013.

⁶Chittom, Lynn-nore, and Ann Griswold. "Counterpoint: Performance Enhancing Drugs Should Be Banned." Points of View Reference Center. EBSCO, 2011. Web. 29 Apr. 2013. <<http://web.ebscohost.com/pov/detail?vid=15&sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675326>>.

In 1886, the first PED related death of an athlete happened when a European cyclist died from a combination of heroin and cocaine⁷. In 1904, the first near death experience from using PEDs happened at the Olympic Games. Marathon runner, Thomas Hicks, used a mixture of brandy and strychnine. The usage of strychnine was very popular and often caused some near death experiences, and even actual death experiences. In result to that, it seemed like stories like those scared athletes away and made them more cautious to taking substances for a period of time. By 1950, the first 'effective' performance enhancing drug is introduced. Amphetamines crossed over into sports from the usage of soldiers in World War 2 for athletes involved in weight lifting⁸. Amphetamines are referred to as a racemic drug that stimulates the central nervous system: used chiefly to lift the mood in depressive states and to control the appetite in cases of obesity⁹. The anabolic steroid that was first created was called Dianabol. It was created by Dr. John Ziegler, and close to his death in 1983, he spoke out and said he wishes he had never created the steroid after seeing athletes abuse it. As more drugs have been created over the years, the more athletes have experimented with them. Along with that, many organizations prohibited the use of drugs. Along with that, many organizations prohibited the use of drugs. Many athletes involved in Olympic Games are caught abusing substances, and in 1972 the first full-scale drug testing of Olympic Athletes for narcotics.

⁷ Chittom, Lynn-nore, and Ann Griswold.

"Counterpoint: Performance Enhancing Drugs Should Be Banned." Points of View Reference Center. EBSCO, 2011. Web. 29 Apr. 2013. <<http://web.ebscohost.com/pov/detail?vid=15&sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675326>>.

⁸"Historical Timeline - Sports and Drugs." Historical Timeline - Sports and Drugs. N.p., 10 Oct. 2012. Web. 29 Apr. 2013.

⁹"AMPHETAMINES." Dictionary.com. Dictionary.com, 2013. Web. 29 Apr. 2013.

and stimulants happened in Munich, Germany¹⁰. In 1975, anabolic steroids are added to the International Olympic Committees banned substance list. At the Pan Am Games in Venezuela in 1983, a surprise drug test is given to the athletes and it lead to at least two dozen competitors withdrawing from the competition. On June 7th 1991, Major League Baseball bans steroids, but it is largely ignored. Six years later, Commissioner Bud Selig issues a memo repeating the ban on steroids in the MLB. As time goes by, and still even today, using PEDs illegally is involved in almost every sport out there.

Next, I will discuss the reasons why PEDs should be banned in professional sports. The main reason that using PEDs was banned at first was due to the health risks that come with it. . In 1991, the Food and Drug Administration considered substances due to the associated health risks¹¹. . There are many other reasons why using PEDs in professional sports should be banned. As a professional, an athlete should take in to consideration sportsmanship. Sportsmanship is being violated when they use banned substances to give themselves an unfair advantage against their opponents. What that unfair advantage does is gives an athlete the opportunity to set unbelievable records due to their increase in strength. The records that may be set can be extremely difficult to break. Does that make the game fair? Do the athletes who get their strength naturally even stand a chance? If it isn't completely banned, how will it influence the naturally built athletes? Naturally built athletes will then be influenced to stay up to par with their competitors, and they will then use PEDs.

¹⁰"Historical Timeline - Sports and Drugs." Historical Timeline - Sports and Drugs. N.p., 10 Oct. 2012. Web. 29 Apr. 2013.

¹¹Chittom, Lynn-nore, and Ann Griswold. "Counterpoint: Performance Enhancing Drugs Should Be Banned." Points of View Reference Center. EBSCO, 2011. Web. 29 Apr. 2013. <<http://web.ebscohost.com/pov/detail?vid=15&sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675326>>.

At this rate, it seems like a never ending cycle. Think about the influence big time athletes play in a student athlete's life. Student athletes look up to pro sports greats. The pro sports will be setting a bad example for a student athlete with a dream¹². If an athlete avoids the rules and regulations on substances, it just shows all the fans and everyone else involved in sports their ignorance and irresponsibility. Another reason why using PEDs should be banned is because it ends careers, takes away awards, medals, the possibilities of an induction to the Hall of Fame, and even an athlete's life. If only some substances are tested, athletes will move on to substances that are not banned. For example, the Mitchell Report in 2003 founded that between 5 to 7 percent of all MLB players tested positive during random steroid testing. By 2004, many players injected themselves with a drug known as Human Growth Hormone (HGH) that wasn't detected in a random test. The report showed that 89 MLB players were involved in PEDs. 31 of those were all-stars and 7 were awarded the most valuable player award¹³. Ultimately, what does that show? That you have to cheat to excel? That is unethical and unfair. Many cases have been brought to our attention, involving some of sports greats. In recent years, some of the most influential athletes have been caught or came clean to using PEDs. Ultimately, what does this

¹²Chittom, Lynn-nore, and Ann Griswold.

"Counterpoint: Performance Enhancing Drugs Should Be Banned." Points of View Reference Center. EBSCO, 2011. Web. 29 Apr. 2013. <<http://web.ebscohost.com/pov/detail?vid=15&sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675326>>.

¹³Chittom, Lynn-nore, and Ann Griswold.

"Counterpoint: Performance Enhancing Drugs Should Be Banned." Points of View Reference Center. EBSCO, 2011. Web. 29 Apr. 2013. <<http://web.ebscohost.com/pov/detail?vid=15&sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675326>>.

show? That you have to cheat to excel? That is unethical and unfair. Many cases have been brought to our attention, involving some of sports greats. In recent years, some of the most influential athletes have been caught or came clean to using PEDs. These cases were brought to the public and seen all over the news. Now I will provide my audience with a few recent and popular cases that were brought to the public regarding athletes abusing substances. First, I will discuss a case in which isn't involved in your thoughts when you think of typical professional sports. On June 25, 2007, professional wrestler, Chris Benoit committed murder and suicide at his home in Georgia. Benoit had killed his wife and seven year old son before he proceeded to hang himself. At the time, Benoit had ten times the normal level of testosterone in his body, as well as Xanax and Hydrocodone. Dr. Kris Sperry, a medical examiner in Georgia said that Benoit had appeared to inject himself with steroids shortly before hanging himself, but it is unclear that that is 100 percent what triggered the rage¹⁴. Next, I will discuss a case in 2009 on one of the most well-known athletes all over the world, Michael Phelps. Phelps is an American swimmer who at the time had 14 Olympic gold medals. In this case, Phelps was exposed in a picture from a British tabloid of him smoking marijuana at a party in South Carolina. In result to Phelps' performance enhancing drugs, he was suspended for three months by USA swimming¹⁵. Another recent case is when MLB outfielder, Manny Ramirez was suspended for 50 games in 2009 due to him failing a drug test. Ramirez released a statement saying he was oblivious to taking the drug. He blamed it on his doctor for prescribing him to a medication in which the doctor thought was okay to give him. The suspension cost Ramirez \$7.7 million dollars

lost in salary. A few years later, Ramirez failed another drug test due to an unnamed banned substance. This time the punishment would have been a 100 game suspension but Ramirez chose to retire instead¹⁶. What does each of these three cases show? They show that that using PEDs can lead to all types of conclusions. Murder, suicide, suspensions and even the desire to end a successful career are possible results that come from abusing substances. What it also shows is that all types of substances are included in this issue. From steroids to marijuana, all drugs are included in the banning of using PEDs. Through my research, I have found that all of which have been discussed are reasons why performance enhancing drugs should be banned.

However, through my research I have found there are also many reasons in which using PEDs in professional sports should be legalized. The first reason is simply based off of what the role of a professional athlete is. They are responsible to display extraordinary athletic ability. That ability should be able to be displayed by any method in which can influence an increase in their performance. To be able to prove their talents/abilities, an athlete should legally be able to use PEDs¹⁷. In 1975, steroid use was banned in the Olympics. This led to many disqualifications for the Olympics in the 1980s¹⁸. Too many disqualifications lead to fewer contestants in the games and less excitement. Less excitement leads to lower

demand. It is simple economics. Another reason that PEDs should be legalized is that they would become much easier to monitor/regulate. PEDs have a greater impact on young adults. If PEDs were made legal and could be provided by doctors, the quantity of young adults being around the substances illegally would decrease¹⁹. Through my research, I have found the explained reasons on why using PEDs should be legalized in professional sports.

This article addressed one of the most popular issues in professional sports today: Performance Enhancing Drugs. In this article, an overview of the history of this topic is given, along with the main controversy of why it should or should not be banned. The main assumption is that it should be banned due to the health risks it gives to the human body. Lastly, through all my research, my results show a more thorough perspective on this commonly talked about controversy.

¹⁷Whittaker, Anne. "Point: Performance Enhancing Drugs Should Be Legalized." Points of View Reference Center. EBSCO, n.d. Web. 28 Apr. 2013. <<http://web.ebscohost.com/pov/detail?sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&vid=13&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675325>>.

¹⁸Whittaker, Anne. "Point: Performance Enhancing Drugs Should Be Legalized." Points of View Reference Center. EBSCO, n.d. Web. 28 Apr. 2013. <<http://web.ebscohost.com/pov/detail?sid=37418548-2ff7-458a-aa02-71c78446dc44%40ses-sionmgr113&vid=13&hid=114&bdata=JnNpdGU9cG92LWxpdmU%3d#db=pwh&AN=28675325>>.

¹⁴"Historical Timeline - Sports and Drugs." Historical Timeline - Sports and Drugs. N.p., 10 Oct. 2012. Web. 29 Apr. 2013.

¹⁵"Historical Timeline - Sports and Drugs." Historical Timeline - Sports and Drugs. N.p., 10 Oct. 2012. Web. 29 Apr. 2013.

¹⁶"Historical Timeline - Sports and Drugs." Historical Timeline - Sports and Drugs. N.p., 10 Oct. 2012. Web. 29 Apr. 2013.

Exclusive Interview with Mark McGwire after he came clean

In 1998 Mark McGwire set new record the number of home runs in a single season with 70. In 2005, McGwire refused to answer questions at a Congressional hearing about steroids, saying he would not talk about the past. In an interview with the Associated Press in 2010, and very emotionally, McGwire came clean. Take a look at what he had to say about his usage of performance enhancing drugs:



McGwire gets very emotional in his interview with the Associated Press

Associated Press—Mark Can you explain what made you make this decision to come clean today? And can you talk a little about how you feel?

McGwire—I have now become the hitting coach for the St. Louis Cardinals, and that really prompted me to make my decision. I have the chance to do something that I wish I was able to do five years ago. I never knew when, but I always knew this day would come. It's a mistake I have to live with for the rest of my life. I have to deal with never, ever getting in to the Hall of Fame. I totally understand and totally respect their opinion and I will never, ever push it. That is the way it's going to be and I can live with that²⁰.

Associated Press—Can you talk a little about when and why you started taking steroids?

McGwire—I remember trying steroids very briefly in the 1989/1990 off season. After I was injured in 1993, I used steroids again. I used them on occasion throughout the 90s, including the 1998 season. I remember calling my dad in '96, and telling him I was so frustrated with injuries I wanted to retire. He was the one that told me to stick

it out. At that time, yeah I was using steroids thinking it was going to help me heal faster and make my body feel back to normal²¹.

Associated Press—Do you think the steroids really affected your play that much?

McGwire—Studying pitchers and making my swing shorter led to the increase in home runs, and I could have done them without PEDs. I was given a gift to hit home runs. The only reason I took steroids was for health purposes. There is no way I did this for any type of strength use²².

Associated Press—Can you specify what drugs you took?

McGwire—The names I don't remember, but I did injectables. I preferred the orals. The steroids I took were on a very low dosage. I took the low dosage because I wanted my body to feel normal²³.

Associated Press—Are there any last things you would like to say?

McGwire—I feel as if a shadow hangs over my time in baseball and I wish I had never played during the steroid era²⁴.



This is an image of McGwire after crossing home plate on his record setting home run in 1998

²⁰ "Mark McGwire's Statement on His Steroid Use." Yahoo! Sports. Yahoo! Sports Staff, 11 Jan. 2010. Web. 29 Apr. 2013.

²¹ "Mark McGwire's Statement on His Steroid Use." Yahoo! Sports. Yahoo! Sports Staff, 11 Jan. 2010. Web. 29 Apr. 2013.

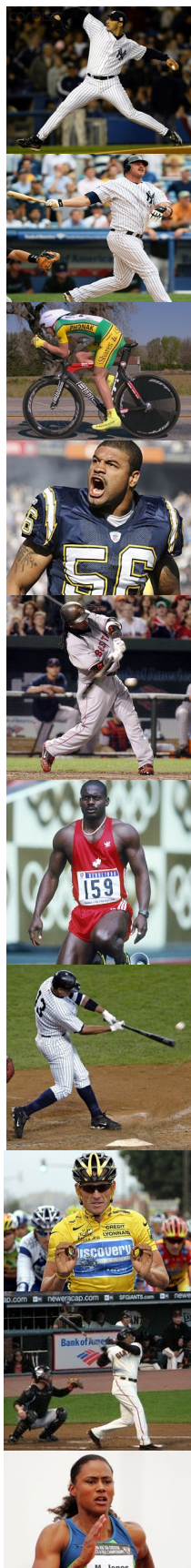
²² "McGwire Apologizes to La Russa, Selig." ESPN.com. N.p., 12 Jan. 2010. Web. 29 Apr. 2013.

²³ "McGwire Apologizes to La Russa, Selig." ESPN.com. N.p., 12 Jan. 2010. Web. 29 Apr. 2013.

²⁴ "McGwire Apologizes to La Russa, Selig." ESPN.com. N.p., 12 Jan. 2010. Web. 29 Apr. 2013.

Top 10 most shocking athletes caught in performance enhancing drugs

While Phillies catcher, Carlos Ruiz finishes up his suspension, take a look at the past top 10 most shocking athletes who have also been caught using substances.



10. Andy Pettitte

In 2007, pitcher, Andy Pettitte admitted to using Human Growth Hormone in 2002 and 2004 to be able to bounce back from injuries.

9. Jason Giambi

Power hitter, Jason Giambi was caught using Clomid and he was also involved in the 2003 BALCO scandal.

8. Floyd Landis

In 2006, Floyd Landis had won the Tour de France, but after had failed urine test showing he used testosterone, his title was taken from him.

7. Shawne Merriman

In 2006, Merriman tested positive for anabolic steroids and was suspended 4 games.

6. Manny Ramirez

Claiming he was clueless about it and blaming his doctor for unknowingly prescribing him, Manny Ramirez was caught in 2009 for using human chorionic gonadotropin and was suspended for 50 games.

5. Ben Johnson

In 1988, Johnson tested positive for stanozolol just three days after winning the gold medal for the 100m. He was then stripped of his medal of that year, and it was rewarded to Carl Lewis, the runner up.

4. Alex Rodriguez

In 2009, arguably one of baseball's bests, Alex Rodriguez admitted to testing positive for steroids in 2003.

3. Lance Armstrong

In early 2013, possibly the most well known athlete today, Lance Armstrong admitted to using PEDs during each Tour de France win, but also long before he was even in the Tour.

2. Barry Bonds

Known for his home run records, Barry Bonds was rumored to be using PEDs late in his career. Bonds had been accused for failed drug tests in the early 2000s.

1. Marion Jones

Olympic runner, Marion Jones admitted in 2007 that she had used banned substances and she was stripped of her 5 titles.

Never before seen personal letter!

One thing about the performance enhancing drug issue, is that no one really takes in to consideration the athletes point of view during everything. All the publicity, media and negative remarks make a huge impact on the player. What people never really think about is how the athlete feels at the time of the substance abuse. Take a look at this personal diary entry, showing reasons in which an athlete may abuse substances, that MLB Player Alex Rodriguez wrote during a time in which he felt at rock bottom.

Dear Diary,

A couple weeks ago I felt like I wasn't myself on the field. I wasn't sure if it was just a phase I was going through or a slump in my performance. I knew I needed to do something to try and make a big turn-around. I asked myself if I should practice more, get more rest, or maybe even give up and retire. Then I did something very bad. I did something that violated many professional sport rules. It was something I hear about almost every day in the locker rooms and whenever I watch Sportscenter. I took action in performance enhancing drugs. I injected myself with testosterone.

I don't know why I did it. I didn't know if it was just because I'm young and stupid, if it was because I felt pressured, I was stressed²⁵. Was it that I just wanted to prove to everybody that I was a threat on the playing field and would go down in history as one of the best²⁶? All of those reasons were possibilities to me.

After doing it I was scared; horrified at that matter. I'm so nervous that I would soon be tested and would then be caught. I didn't want to get suspended. I don't want to let my teammates, family, friends and of course the fans down. The stress has really been getting to me and I know that I can never do this again. After doing it I felt contradicted. I am happy that I can get a gain from it, but I am also scared and upset I'll become addicted. Success is what I want and need. Punishment is not something I want. Wow, I can't believe I just did this. I am so scared.

A-Rod

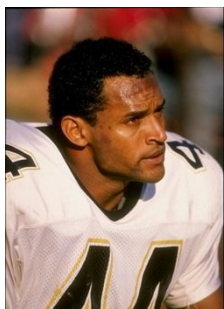
²⁵"A-Rod Admits, Regrets Use Of PEDs." ESPN.com. N.p., 10 Feb. 2009. Web. 29 Apr. 2013.

²⁶"A-Rod Admits, Regrets Use Of PEDs." ESPN.com. N.p., 10 Feb. 2009. Web. 29 Apr. 2013.

Can PEDs cause death?

When you think about the side effects of using PEDs, you may think about all the physical effects it does to your body. That being, muscle growth, muscle recovery, energy boost, etc. One thing that you should keep in mind is that using PEDs can cause death. When I talk about PEDs I do not just mean steroids. PEDs can consist of any type of drug banned in professional sports. Take a look at some obituaries of athletes who have lost their lives due to using PEDs.

Dave Waymer



Dave Waymer died on April 30th, 1993 due to a heart attack triggered by his use of cocaine²⁷.

Waymer played in the NFL for 13 seasons as a defensive back. At the time of his death he was part of the Los Angeles Raiders. His life, and career ended with 48 interceptions and 536 interception return yards.

Waymer was born in Brooklyn on July 1, 1958. He grew up in Charlotte where he played high school football and baseball. He was drafted by the Cincinnati Reds, but chose football and a scholarship to Notre Dame instead.

He is survived by his wife B.J., his son David, and his mother Barbara.

Derek Boogaard



In his apartment in Minneapolis, Derek Boogaard was found dead on May 13, 2011 at the age of 28. Examiners said the death was accidental and had been caused by a combination of alcohol and oxycontin²⁸.

Boogaard played in the NHL from 2005 up until his death. He played for the Minnesota Wild and the New York Rangers. He played in 277 games on his career, scoring 3 goals, 13 assists and 16 points.

Boogaard was born in Saskatoon on June 23, 1982. He had played professionally in Canada and made his first appearance in the NHL in 2005.

He is survived by his parents, Len and Joanne Boogaard.

Bobby Duncum Jr.

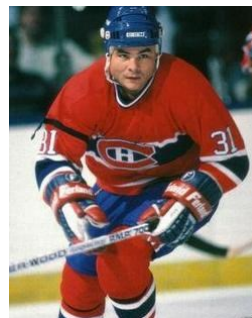


Bobby Duncum Jr. died on January 24, 2000 in Austin, Texas at the age of 34. Duncum Jr. had overdosed on pain medications after trying to recover from surgery²⁹.

Duncum Jr. was a pro wrestler. He was best known for being a member of the West Texas Rednecks. He began his in-ring career in September of 1992 and it continued all up until his death.

He was born on August 26th, 1965 in Minneapolis. Other than wrestling, Bobby's other sport he played was football. He played football at the University of Texas at Austin.

John Kordic



John Kordic died on August 8th, 1992 in the back of an ambulance. After injecting himself with substances such as cocaine, anabolic steroids at a hotel, his life had ended³⁰.

Kordic played in the NHL for 9 seasons with teams such as the Montreal Canadiens, Toronto Maple Leafs, and Washington Capitals. He made his first NHL appearance in 1985 with the Canadians.

Kordic was born on March 22, 1965 in Edmonton, Canada. He was drafted in to the NHL in the 1983 draft, picked in the 4th round at the 87th overall pick.



²⁷"7 Athletes Who Died Due to Substance Abuse." InfoBarrel. N.p., 21 May 2011. Web. 29 Apr. 2013.

²⁸"7 Athletes Who Died Due to Substance Abuse." InfoBarrel. N.p., 21 May 2011. Web. 29 Apr. 2013.

²⁹"7 Athletes Who Died Due to Substance Abuse." InfoBarrel. N.p., 21 May 2011. Web. 29 Apr. 2013.

³⁰"7 Athletes Who Died Due to Substance Abuse." InfoBarrel. N.p., 21 May 2011. Web. 29 Apr. 2013.

Course Goals Reflection

This whole semester I have written in many different genres when working on my project about the Performance Enhancing Drugs issue in Professional Sports. While working with these genres, I was certain to make sure that I had goals that I would like to meet. So far, I feel like each goal has been met and I will provide a description of how it was done.

Students will be able to compose for particular audiences and purposes

When someone writes they should think about who they are writing for. A known audience will help a writer by making sure that not only is their work factual, but also interesting so the audience can be engaged and interested. I chose to focus on my cover page to show how I met this goal. The audience of my project could be sports fans, coaches, athletes, alumni or anyone really. To address my audience I made a cover page with the ESPN title, and then where I showed what was included in the magazine it said "Attention Sports Fans: Take a look with Scott Bailey on one of pro sports most talked about topics: Performance Enhancing Drugs" I had done that so it would attract the audience and that they would know what the whole magazine is about. I had also put pictures on the cover page to give a visual look on the image to show it was a sport related topic. I organized my work as if it was a legitimate magazine that you would get at a certain place or event.

Students will be able to compose using language and conventions appropriate to the genre

The tool that I used when I focused on the language and conventions of my genre is the Characteristics and Criteria charts. On these charts I thought about what was addressed and what I can include to make it better. When I worked on my timeline, I had kept in mind that at each date I would need to have a short description with it. I did not want it to be too long and boring, so I kept in mind to make the information interesting, easy to understand and summarized well. Doing this made me learn that you should always think about how you can make your work better and improve it.

Students will be able to read, select and use evidence critically to formulate and support arguments

Going in to this project I had some previous knowledge about this issue. I had written a paper on it in middle school, but as I did more research and really thought about the topic I had learned a lot. A day in class that stands out to me was when we were in the library filling out our FAQ sheets. I selected many articles that showed reasons why it should be banned, why it shouldn't be banned and also many articles that provided information that was more history based. The columns on the FAQ sheets made it easy to break down the information. What I really liked about the FAQ sheets was that you had a lot of information to look at and it allowed me to think about how I would want to address it in my project.

Students will be able to interpret and compose in a variety of media and print/non-print genres

When working on my project I had kept in mind to try and make my work look presentable or real. When I was writing my brochure, I chose to make sure the alignment looked good, I didn't repeat myself a lot and that the contrast of my work was correct. That being said, The C.R.A.P methods really helped me. Also, when I was working with my magazine I kept in mind to think about the C.R.A.P methods. When I was doing my magazine I made sure the headings of each page all were the same size, font, and color. I made sure all the pictures and text boxes were aligned correctly.

Students will be able to discuss and apply appropriate writing processes both individually and in collaborative contexts.

Throughout the semester we had many peer review sessions. Peer review sessions allowed us to get feedback from our classmates. It gave us the opportunity to get someone else's opinion on our writing, they could also help us to think about how we can improve and can also double check our spelling or grammatical errors. Each peer review session left me to touch up my work and make sure it was as good as possible. Along with our peer review sessions, Dr. Sherry also took his time to look over our work and give a more engaged and educated review. He left us with comments on our word choices, our spelling, what else to include, etc. One thing that Dr. Sherry really nailed in to my head is the 3 INs.

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